



Lonese Jacobs

WOMENS HEALTH & GENERAL PAIN CONDITIONS TREATED

Your Health is My First Priority

MSc Physio
(SU)
BSc Physio
(UCT)

Lonese Jacobs Physiotherapist

DEDICATED TO HELPING YOU ATTAIN A BETTER QUALITY OF LIFE

Lonese has achieved a BSc in Physiotherapy from University of Cape Town and a MSc from Stellenbosch University in 2017.

Lonese provides services to the Urogynecology unit at Tygerberg Hospital offering pelvic floor rehabilitation in the public sector.

Lonese Jacobs is a Physiotherapist who loves what she does.



GENERAL CONDITIONS

Acute muscle or
Joint Injuries
Neck Pain or Tension
Lower Back Pain
Muscle Spasm
Headaches



THERAPY & INJURIES

Myofascial Release
Dry Needling
Spinal & Joint Mobilisation
Strapping or Taping
Heat or Cold Therapy
Muscle Therapy



WOMENS HEALTH

Antenatal
Postnatal
Pelvic Floor Dysfunctions
Pregnancy-Associated
Pain
Pelvic Floor Rehabilitation

Request a Consultation



0664657225

CONTACT US TODAY



15 KNOCKE AVENUE
TABLE VIEW
WESTERN CAPE



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